

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 TV Church Service on Ch.6 11:30 Active Sneakers 3:00 Sunday Devotional 6:00 Lawrence Welk Show Ch.13 <small>New Year's Day</small>	2 11:00 Let's Get Active 11:30 Jam Session 2:30 Out & About 3:30 Bingo Evening Art Therapy	3 11:15 Body Builders 1:15 Rosary 3:30 Arts & Crafts Evening Movie	4 11:15 Sing-A-Long 4:00 Beautiful Nails 4:30 Catholic Communion Evening Music	5 11:00 Bible Study & Communion 3:30 Bingo 6:30 Wheel of Fortune Channel 11	6 11:00 Let's Get Active 11:30 Word Games 2:00 Out & About 3:30 Feel It Out 5:00 Jeopardy Ch.9	7 10:00 Daily Chronicle 11:00 Let's Get Active 3:30 Bingo Evening Word Search
8 10:30 TV Church Service on Ch.6 11:30 Active Sneakers 3:00 Sunday Devotional 6:00 Lawrence Welk Show Ch.13	9 11:00 Let's Get Active & Word Games 3:30 Bingo Evening Art Therapy	10 11:00 Ecumen Wellness 1:45 Rosary 2:30 Out & About 3:30 Arts & Crafts Evening Movie & Popcorn	11 9:00 Hornbacher's Trip 11:00 Beautiful Nails 3:30 Dice Games 4:00 Catholic Communion Evening Music	12 11:00 Spiro Stretches 11:30 Jam Session 3:30 Bingo 6:30 Wheel of Fortune Channel 11	13 11:00 Let's Get Active 11:30 Sing-A-Long 4:00 Junk Drawer Detective 5:00 Jeopardy Ch.9	14 10:00 Daily Chronicle 10:30 Active Sneakers 3:30 Hand Massages Evening Word Search
15 10:30 TV Church Service on Ch.6 11:30 Active Sneakers 3:00 Sunday Devotional 6:00 Lawrence Welk Show Ch.13	16 11:00 Let's Get Active 11:30 Word Games 2:30 Out & About 3:30 Bingo Evening Art Therapy <small>Martin Luther King Jr. Day</small>	17 10:30 Ecumen Wellness 11:00 Jam Session 1:45 Rosary 3:30 Arts & Crafts Evening Movie & Popcorn	HAPPY BIRTHDAY 18 JOY! 9:00 Hornbacher's Trip 11:00 Beautiful Nails 3:00 Birthday Party 3:15 Card Games 4:00 Catholic Communion	19 11:00 Bible Study & Communion 3:30 Bingo 6:30 Wheel of Fortune Channel 11	20 10:30 Let's Get Active 11:00 Word Games 3:30 Baking 5:00 Jeopardy Ch.9	21 10:00 Daily Chronicle 9:00 Let's Get Active 1:00 Bingo Evening Word Search
22 10:30 TV Church Service on Ch.6 11:30 Active Sneakers 3:00 Sunday Devotional 6:00 Lawrence Welk Show Ch.13 <small>Chinese New Year (Year of the Rabbit)</small>	23 11:00 Let's Get Active & Word Games 3:30 Bingo Evening Art Therapy <small>Activity Professionals Week</small>	24 11:00 Ecumen Wellness 1:45 Rosary 3:30 Arts & Crafts Evening Movie & Popcorn	25 9:00 Hornbacher's Trip 11:00 Beautiful Nails 3:30 Resident Council 4:30 Catholic Communion Evening Music	HAPPY BIRTHDAY 26 KATHY! 11:00 Spiro Stretches 3:00 Birthday Party 3:30 Bingo 6:30 Wheel of Fortune Channel 11 <small>Australia Day (observed)</small>	27 11:00 Let's Get Active 11:30 Sing-A-Long 2:30 Out & About 3:30 Junk Drawer Detective 5:00 Jeopardy Ch.9	28 10:00 Daily Chronicle 10:30 Active Sneakers 3:30 Hand Massages Evening Word Search
29 10:30 TV Church Service on Ch.6 11:30 Active Sneakers 3:00 Sunday Devotional 6:00 Lawrence Welk Show Ch.13	30 11:00 Let's Get Active 11:30 Dot To Dot 2:30 Out & About 3:30 Bingo Evening Art Therapy	31 11:00 Ecumen Wellness 1:45 Rosary 3:30 Arts & Crafts Evening Movie & Popcorn	<h1>January 2023</h1> <h2>White Fir Cottage 1405</h2>			